

Emergency Preparedness Plan Manual

**Roseleigh Neighborhood
Association**

“A community of neighbors who are also good friends”

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Roseleigh Neighborhood Association Emergency Preparedness Plan

WHAT TO DO???

What to do? This question has always been the Achilles heel of people confronted with devastating events that most always happen with little or no warning.

In Roseleigh it is our goal to assure our residents of our firm commitment of preparation in the event of a disaster. **As a community of neighbors who happen to be good friends**, we are all bound by one simple goal – **SURVIVAL**.

In the event of a disaster we have put in place simple, but necessary steps to insure that each of us has the best possible chance for **SURVIVAL**.

- **Gather all family members together in one central location, if possible.**
- **Make that 911 call and report your location and situation**
- **Contact the Emergency Response Coordinator and Medical Coordinator (if needed) and report your situation.**
- **Contact non-residential family members and friends and apprise them of your situation.**
- **Check for visual structural damage and make sure no one is endangered.**
- **Check your food and water supply for leaks or contamination**
- **Make sure all children are made comfortable with plenty of parental support assurance.**
- **Retrieve emergency items and first aid kits; treat any small, non-life threatening injuries.**
- **Tune to any emergency radio broadcast for any relevant information**
- **Stay as calm as possible...help is on the way**

ROSELEIGH NEIGHBORHOOD ASSOCIATION

Emergency Supply Kit

There are six basic things that you should stock for your emergency supply kit: water, food, clothing and bedding, first aid supplies, tools, and emergency supplies, and various specific items.

Keep these items in a waterproof container that can be easily transported from your home to your car and your safe place. Assemble your kit now to allow for immediate action during an emergency. Your family's disaster supply kit should include at least a three day supply of:

Water—One gallon of water per person per day

Non-perishable food—Select food items that are compact and lightweight. Include the following items:

- Ready-to-eat canned meats, fruits and vegetables
- Canned juices
- High energy foods
- Vitamins
- Comfort goods
- Condiments
- Foods for infants



Clothing and bedding—Include at least one complete change of clothing and footwear per person and the following weather appropriate items:

- Sturdy shoes or work boots
- Rain Gear
- Blankets or sleeping bags
- Hat and gloves
- Thermal underwear
- Sunglasses



First aid supplies—Assemble a first aid kit for home and one for your car:

- Antibiotic creams
- Assorted bandages
- Alcohol or peroxide
- Burn creams and sprays
- Anti-fungal powders
- Aspirin
- Medical tape & safety pins
- Cotton swabs, balls and Q-tips
- Vaseline and Visine eye drops



Tools and emergency supplies:

- Emergency preparedness manual
- Matches in a waterproof container
- Flashlight and extra batteries
- Plastic storage containers
- Non-electric can opener, utility knife
- Writing utensils and paper



- Tube tent and tape
- Medicine dropper and sanitation supplies
- Whistle and compass
- Signal flares and small tool kit
- Battery operated radio and extra batteries
- Needles, thread and plastic sheeting
- Cash and traveler's checks, change
- Shut-off wrench to turn off gas and water utilities
- Fire extinguisher: small canister ABC-type
- Aluminum foil and travel maps
- Mess kits, paper cups, plates and plastic utensils
- Bible and other reading materials

Special Items

Infant and medical supplies: Remember supplies for family members with special medical and nutritional requirements. This would include infants, the elderly, disabled members and those on medication.



Important family documents

- Bank account numbers
- Household inventory
- Credit card account numbers and company addresses
- Family records—birth, marriage, and death certificates
- Important phone numbers
- Wills, insurance policies, contracts, deeds, stocks, bonds
- Passports, social security cards and immunization records



Place kits in a convenient place known to all family members. Keep a smaller version of the supply kit in the trunk of your car. Change your stored water supply every six months. Replace stored foods every six months, also.

Make adjustments to your kits and plans as situations warrant. Make sure copies of all important papers and documents are also given to relatives who reside in other cities to insure you have copies if originals are lost or damaged.

Your association has copies of home inventory forms and medical record cards for your use. Please contact your block captain for copies.

Your association also has some provisions and first aid supplies stored for emergencies. However, each family should make it a priority to prepare and maintain their own kits.

PREPARE NOW – DON'T DELAY

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